NOVEMBER TO MARCH 2027

NOURISH

AFTER SCHOOL CLUB



WEEK 1

2 Nov, 23 Nov, 14 Dec, 18 Jan, 8 Feb, 8 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Salad Bar Tuna & Sweetcorn **1,8,9** OR Cheese & Cucumber **7V**	Beef Burger in a Bun **1,5,6,12** or Vegetable Burger in a Bun **1,5 VG**	Pizza **1,3,7 V**	**Taco Thursday** Chicken & Cheese Soft Taco **1,7,9** OR Vegetable & Cheese Soft Taco **1,7,9 V**	Assorted Sandwiches **1,3,5,7,16**

WEEK 2

9 Nov, 30 Nov, 4 Jan, 25 Jan, 22 Feb, 15 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hotdogs Sausage **1,3,5,6** or Vegetable Sausage **1,5 VG**	Double Baked Jacket Potato Stuffed with Cheese **7V**	Loaded Nachos **7 V**	Chicken or Vegetable Nuggets with Beans **1,12**	Assorted Sandwiches **1,3,5,7,16**

WEEK 3

16 Nov, 7 Dec, 11 Jan, 1 Feb, 1 March, 22 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toasted Cheese & Pesto Pitta Fingers 1,7 V	Loaded Oven Baked Fries 7VG	**Noodle Bar** BBQ Chicken **1** Vegetable Broth **1VG**	Sausage Roll 1,3,6 or Vegetable Sausage Roll 1VG with Beans	Assorted Sandwiches 1,3,5,7,16

SALAD STICKS SERVED DAILY

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian