



Run Wild Schools Athletics Programme



Your weekly club for Year 3 & 4:

James Dixon Primary:

Tuesday 3:00-4:00pm

www.runwildathletics.com



Run Wild Athletics provides structured, engaging after school athletics sessions that develop fundamental skills, physical literacy and confidence through fun, inclusive coaching.

Our Athletes Club for 7+ years develop the specifics of athletics events through game based activities and technique training. This class has the added element of teaching children the basics of athletic skills that can be used in all sports throughout life. In addition, they will aim to improve targets which will be specific to their athleticism of jump, run and throw.



Please email contact details below to book:

RUN WILD
ATHLETICS

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