



Winning the gold medal for children's sports classes

We take what children love to do the most (running super fast, jumping high and throwing far) and mix it with imaginative themes, learning to follow instructions, making friends, developing skills and burning energy!

Mini Athletics in Schools



Your weekly club for Reception & Year 1:

James Dixon Primary:

Monday 3:00-4:00pm

www.miniathletics.com



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Our Mini Athletes class for 5 to 7 year olds start the specifics of athletics events through game based activities. This class has the added element of teaching children the basics of athletic skills that can be used in all sports throughout life. In addition, they will aim to improve targets which will be specific to their athleticism of jump, run and throw.

Parents or guardians are NOT required to stay for the class. Children will be taken to the session by their class teacher.

The session is listed under the venue James Dixon Primary on the Mini Athletics South East London summary page:
www.miniathletics.com/mini-athletics-south-east-london-summary



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