

**Head of School:** Mr Kevin Minnott

**Deputy Headteacher:** Mr Robin Entwistle

**Assistant Headteachers:** Mrs Sam Salisbury  
& Mrs Tara Treleven

**James Dixon  
Primary**



James Dixon Primary School, William Booth  
Road, SE20 8BW



[jdpoffice@swale.at](mailto:jdpoffice@swale.at)



020 87786101



[jamesdixon.bromley.sch.uk](http://jamesdixon.bromley.sch.uk)

# James Dixon Primary School

Tuesday 3rd June 2025

Dear Parents and Carers,

## PSHE - JIGSAW



At James Dixon we believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our values and our Personal, Social, Health and Education (PSHE) curriculum. This looks at many topics including various relationships, physical and emotional health. The aim of PSHE is to help our pupils make safe and informed decisions during their school years and beyond.

This half term will be starting a unit of work entitled 'Changing Me' as part of the Jigsaw PSHE scheme. This unit looks at how they will change and develop over time. The 'Changing Me' unit is taught over a period of 6 weeks in Term 6.

Each year group will be taught appropriate to their age and developmental stage. Please note: at no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home, and the question will not be answered to the child or class if it is outside the remit of that year group's programme.

<b>Foundation</b>	Growing up: how we have changed since we were babies
<b>Year 1</b>	Boys' and girls' bodies; naming body parts
<b>Year 2</b>	Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is)
<b>Year 3</b>	How babies grow and how boys' and girls' bodies change as they grow older
<b>Year 4</b>	Internal and external reproductive body parts, body changes in girls and menstruation
<b>Year 5</b>	Puberty for boys and girls and conception including how sometimes people need IVF to help them have a baby.
<b>Year 6</b>	Puberty for boys and girls and understanding conception to birth of a baby



**Executive Headteacher: Mrs Michelle Aldred**

A member of Swale Academies Trust

Registered Office: Ashdown House, Johnson Road, Sittingbourne, Kent ME10 1JS

Registered in England No. 07344732

All lessons are taught using simple, child-friendly language and pictures, which help children understand changes more effectively. The key concepts that children learn in Jigsaw are inner strength, self-esteem and resilience. These are really important as they help keep children safe and it helps them make healthy decisions later in life.

### Right to withdraw

Parents do not have the right to withdraw their children from relationships education.

In our Trust primary schools parents have the right to withdraw their children from the **non-statutory** components of sex education within RSE as outlined in our RSE Policy which is available on our website [Relationship Sex Education \(RSE\) Policy](#). These are:

Year 3	Lesson 4
Year 4	Lesson 2
Year 5	Lesson 4
Year 6	Lesson 3

If after considering the resources and lessons, you still feel that you would like to withdraw your child from the lessons outlined in the policy please complete the form (Appendix.4 pg.16) within the policy to make a request to withdraw your child from the non-statutory lesson by **Monday 16th June 2025**.

Kind regards,

*K Minnott*

Kevin Minnott

Head of School

